

PLEASE PRINT OR DOWNLOAD! DO NOT EDIT DOCUMENT

Thanks everyone so much for volunteering with Vamos! We hope that all of you can take the time to read this before coming to your next volunteer opportunity. We will have copies on-site for you to sign. This document represents a process, building a safe, healthy, inclusive and empowering environment for our volunteers, staff, and the community we work with.



As we work with children, all volunteers must have a background check on file with Vamos. This costs \$12. We can cover that cost for volunteers that intend on volunteering long-term. Volunteers are welcome to donate that \$12, as we want to include more volunteers but that could become a burden.

Background Check:

First name: _____

Middle name: _____

Last Name: _____

DOB ____/____/____

Vamos Outdoors Project Volunteer Guidelines:

-It is OK to contact participants for safety and educational purposes. This includes holding hands while walking, spotting a climber, supporting a mountain biker, teaching a child how to swim. Having a child sit on your lap on a bus ride is not acceptable.

-Volunteers are not permitted to restrain participants in any situation, unless volunteer has submitted Right Response Restraint Certification to VOP. Any use of restraint must be reported to VOP immediately.

-Volunteers should never be in a changing room alone with a participant. If a participant is having a hard time putting damp clothes on after swimming and requests assistance, a volunteer of the same sex may assist the participant after informing another VOP staff or volunteer, and that other staff or volunteer is standing outside that changing room with the door cracked open.

-All participants must be in sight at all times.

-Participants may not run on city sidewalks.

-Volunteers should think about their own privilege and how their actions or words may be perceived by participants who come from different cultures and backgrounds.

-If the volunteer is comfortable, they should engage with participants in English and Spanish to positively reinforce the use of both languages and to prevent language attrition.

-Volunteers are responsible for leaving sites at least as clean as they were upon arrival.

-Volunteers must follow VOP staff direction and show respect to participants and staff of our community partners.

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-Volunteers must refrain from initiating social activities outside the school setting unless parent/guardian approved.

-Volunteers must refrain from initiating any conversations or correspondence of a private or personal nature with students.

-Volunteers must refrain from engaging in social networking with students via Facebook, Instagram, Snapchat, Vine, Twitter or other social networking websites without parent/guardian approval.

-Volunteers must refrain from sharing their personal phone or email information without parent/guardian permission.

-Volunteers must refrain from giving students gifts unless of nominal value or identical for all students in the class.

-Volunteers must refrain from giving students inappropriate signs of affection such as front hugs, students sitting on lap, touching or patting on areas other than shoulders, upper back, arms or hands or any other contact that causes a student to feel uncomfortable.

-I give Vamos Outdoors Project the right to take and use my photograph in VOP marketing.

Volunteer Signature: _____

Date: _____