

# ¿Why Vamos?

## ¿POR QUÉ VAMOS?

Joy and nature benefit everyone, but there is more to what we do!



### HISPANIC POPULATION

18% of the U.S. 58 million people;  
12% of Washington 858,000 people  
9% of Whatcom County 18,636 people  
29% 17 and younger in WA in poverty



### WHY OUTSIDE?

Research suggests that outdoor experiences lead to an increased ability to concentrate and improved academic performance in children. Outdoor experiences also increase a sense of stewardship and care for the environment in children.



### WHY VAMOS?

Outdoor experiences provide a wide-range of benefits for children and teenagers; however, significant race- and class-based inequalities affect access. Evidence suggests that disadvantaged populations reap even more benefits from outdoor experiences than others through the attenuation of the effects of poverty and health disparities.